

# Palawan Quiet Escape

*Introvert-Friendly 4D3N Premium Itinerary*

## Who This Is For

- Travelers who prefer calm, quiet environments
- Couples looking for peaceful bonding time
- Individuals seeking rest and mental reset

## Day 1 – Gentle Arrival

Arrive in El Nido or Puerto Princesa  
Private transfer to hotel (avoid crowded vans)  
Check-in at a quiet boutique hotel  
Sunset walk along a low-traffic beach  
Dinner at a calm seaside café

## Day 2 – Nature Reset

Early morning lagoon visit (before 8 AM)  
Kayaking in Big Lagoon or Small Lagoon  
Lunch at a peaceful beachfront location  
Afternoon rest or hammock time  
Sunset viewpoint with minimal crowd

## Day 3 – Hidden Gems

Visit secret beach or less crowded island hopping routes  
Snorkeling in quiet coral areas  
Optional: massage or spa session  
Dinner at a serene restaurant away from tourist zones

## Day 4 – Reflection & Departure

Sunrise beach walk  
Coffee at a quiet café  
Journaling or reflection time  
Departure

## **Budget Guide (Estimated)**

Accommodation: ■1,500 – ■4,000 / night

Food: ■500 – ■1,000 / day

Tours: ■1,200 – ■2,500

Total (4D3N): ■6,000 – ■15,000

## **Pro Tips**

Travel during weekdays to avoid crowds

Start tours early morning

Choose boutique stays over big resorts

Avoid peak seasons if you want peace

## **What You Get**

- Structured daily plan
- Budget breakdown
- Travel tips
- Calm-focused destination strategy